

Petit Port



St Brelade's Bay Hotel

HEALTH CLUB & SPA

Lunch

STARTERS

- V** **Soup of the Day & Bread** (2 Wheat,7) **8**
- Atlantic Prawn Cocktail** (2 Wheat,3,4,14 Malt Vinegar) **10**
- G** **Parma Ham & Fig** (7) **10**
Parma Ham With Roasted Fig, Rocket & Blue Cheese Salad
- V** **Beef Tomato, Mozzarella & Pesto** (7) **10**
- G** **Scottish Smoked Salmon** (2 Wheat,4,5,7,9,14 Spirit Vinegar) **12**
Horseradish crème fraiche, leaves, lemon, buttered brown bread

SALADS

- Caesar Salad** (2 Wheat, 4,5,7,9,14 Vinegar) **12**
Gem Lettuce, Boiled Egg, Sourdough Croutons, Shaved Parmesan & Caesar Dressing
Add King Prawns (3) **+6** or Chargrilled Chicken **+4**
- G** **Half Jersey Lobster & Atlantic Prawn** (3,4,14 Vinegar) **50**
Salad Leaves, Aioli, French Fries
- Poke Bowl** (2 Durum Wheat,10 Walnut,14 Vinegar) **14**
Mixed Bean & Tomato Salad, Beetroot & Walnut Hummus, Herby Cous-Cous, Avocado, Pickled Veg, Toasted Spiced Seeds, Green Sauce
Add King Prawns (3) **+6** or Chargrilled Chicken **+4**



Allergens

1 Celery	2 Cereals containing gluten	3 Crustaceans	4 Eggs	5 Fish	6 Lupin	7 Milk
8 Molluscs	9 Mustard	10 Nuts	11 Peanuts	12 Sesame seeds	13 Soya	14 Sulphur Dioxide

All ingredients may not be listed for this menu, should you need more information about allergens, please ask a member of our front of house team.

Lunch

SANDWICHES

All Served on White or Brown Bread, With Salad Leaves & French Fries

Smoked Salmon, Cucumber & Dill Cream Cheese	18
(2 Wheat,5,7,9,14 White Wine)	
Barbecue Ham, Cheddar & Pickle	11
(2 Wheat,7,9,14 White Wine Vinegar)	
Tuna Mayo, Sweetcorn & Rocket	12
(2 Wheat, 4,5,9,14 White Wine Vinegar)	
V Grilled Vegetables & Beetroot Hummus	11
(2 Wheat,9,14 White Wine Vinegar)	
Jersey Crab Meat, Lemon & Herb Crème Fraiche	18
(Wheat, 3,7,9,14 White Wine Vinegar)	

KID'S CORNER

Spaghetti Bolognese (2 Wheat, 4,5,9,14 White Wine Vinegar)	7
Beef Burger (2 Wheat,7) Chips & Salad	7
Chicken Bites (2 Wheat,9,14 Vinegar) Chips & Salad	7
Fish Fingers (2 Wheat,5,9,14 Vinegar) Chips & Salad	7
G Grilled Chicken (9,14 Vinegar) Chips & Salad	7
Macaroni Cheese (2 Wheat,7,9,14 Vinegar) Salad	7

All Sandwiches can be made **Gluten Free** on request.



Vegan



Vegetarian



Gluten Free

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Lunch

MAINS

- St Brelade's Burger** (1 Sauce Only, 2 Wheat, 4, 7, 9) **20**
Locally Sourced Beef, Brioche Bun, Maple Cured Bacon, Cheese, Lettuce, Brelade's Burger Sauce, French Fries
- V** **G** **Vegan Burger** **16**
Vegan Burger Patty, Seasonal Slaw, Sweet Chilli, Vegan Mayo, Seeded Bun, French Fries
- Jerk Chicken Flatbread Wrap** (2 Wheat, 4, 13, 14 Malt Vinegar) **18**
Pulled Jerk Chicken, Seasonal Slaw, Coriander, Aioli, Flatbread Wrap, French Fries
- Steak Ciabatta** (2 Wheat, 9, 14 White Wine Vinegar) **19**
Ciabatta, Sliced Entrecote Steak, Rocket, Red Onion Chutney & French Fries
-  **Lone Star Chicken Tikka Masala Curry** (2 Wheat, 7) **22**
Basmati Rice, Naan Bread, Mango Chutney, Raita, Coriander
- Crab & Prawn Linguini** (2 Durum Wheat Semolina, 3, 7) **22**
Linguini Pasta, Crab, Prawns, Red Chilli, Coriander, Spring Onion, Lemon, Garlic Butter
- V** **Wild Mushroom, Truffled Linguini** (2 Durum Wheat Semolina, 7) **20**
Linguini Pasta, Garlic & Truffle Cream Sauce, Wild Mushrooms, Parmesan, Crispy Leeks
- Jersey Ale Battered Cod Fillet** (2 Wheat, 4, 5) **18**
Mushy Peas, Tartare Sauce, French Fries, Lemon Wedge



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Cocktails

COSMOPOLITAN 11.50

Absolute Vodka, Triple Sec, Cranberry Juice,
and Freshly Squeezed Lime Juice

FRENCH MARTINI 11.50

Absolut Raspberry Vodka, Chambord, Freshly Pressed
Pineapple Juice, Lemon Juice and Fresh Raspberries

DARK'N STORMY 11.50

Captain Morgan Dark & Spiced Rum, Fresh Lime Juice,
Gomme Syrup, Fever Tree Ginger Beer

MOSCOW MULE 11.50

Absolut Vodka, Fresh Lime Juice, Fever Tree Ginger Beer

MOJITO 11.00

Bacardi White Rum, Fresh Lime Juice, Fresh Mint,
Brown Sugar, Soda Water

PIÑA COLADA 12.00

Bacardi White Rum, Malibu, Coconut Puree, Pineapple Juice

BRAMBLE 11.50

Bombay Sapphire Gin, Freshly Squeezed Lemon Juice and Sugar
Syrup, Topped With Blackberry Liqueur

OLD NAVY 12.00

Captain Morgan Spiced Rum, Dark Rum, Disaronno, Sugar Syrup,
and Freshly Pressed Lime and Pineapple Juice.

PORN STAR MARTINI 13.00

Absolute Vanilla Vodka, Passionfruit Liqueur, Freshly Pressed
Pineapple Juice, Fresh Lemon Juice, Passionfruit Puree and
Vanilla Syrup, served With a 50ml Shot Of Prosecco.

MARGARITA 11.50

Jose Cuervo Tequila, Triple Sec, Fresh Lime Juice, Salt Rim

Alcohol-Free

BLUEBERRY MOSCOW MULE 7.00

Muddled Fresh Blueberries, Mint, Freshly Squeezed
Lime Juice Topped with Fever Tree Ginger Beer

MANGO BELLINI 7.00

Freshly Squeezed Orange Juice, Mango Puree Topped
with Fever Tree Soda Water & Lemonade

VIRGIN MOJITO 7.00

Fresh Lime Juice, Fresh Mint Fever Tree Lemonade,
Club Soda & Sugar Syrup

ELDERFLOWER SPRITZ 7.00

Elderflower Pressé, Fever Tree Lemonade,
Soda & Mint Leaves



Hot Drinks

TEA SELECTION

English Breakfast	3.10
Earl Grey	3.30
Green	3.30
Peppermint	3.30

COFFEE SELECTION

All coffees available as decaffeinated.

Americano	3.40
Espresso	3.30
Double Espresso	3.60
Cappuccino	3.60
Latte	3.70

Soft Drinks & Mixers

FEVER TREE SELECTION 200ML

Tonic Water	2.95
Light Tonic Water	2.95
Mediterranean Tonic Water	2.95
Ginger Ale	2.95
Ginger Beer	2.95
Elderflower Tonic	2.95
Soda Water	2.95
Lemonade	2.95

SOFT DRINKS

Coca Cola (200ml)	2.80
Diet Coca Cola (200ml)	2.80
J2O Apple & Mango (275ml)	3.45
J2O Orange & Passion Fruit (275ml)	3.45
J2O Apple & Raspberry (275ml)	3.45
Britvic 55 (200ml)	3.45
Britvic Orange (150ml)	2.85
Britvic Tomato Juice (150ml)	2.95
Red Bull (250ml)	4.55
Cordial Dash	0.80

WATER

Hildon Still / Sparking (330ml)	2.50
Hildon Still / Sparking (750ml)	4.50

House Wine Selection

CHAMPAGNE

	125ml Glass	37.5cl Bottle	75cl Bottle
Taittinger Brut, N.V. Grape Grape Type: 40% Chardonnay, 30% Pinot Noir, 30% Pinot Meunier	16.50	52.00	80.00
Taittinger Brut, Prestige Rosé N.V. Grape Type: 70% Pinot Noir, 30% Chardonnay	19.50	60.00	110.00

SPARKLING

	125ml Glass	37.5cl Bottle	75cl Bottle
Prosecco Botter, DOC, N.V. Veneto, Italy Grape Type: Glera	6.75	-	27.00

WHITE

	175ml Glass	250ml Glass	75cl Bottle
Pinot Grigio, Primi Soli, DOC, 2022 Veneto, Italy Grape Type: Pinot Grigio	7.20	10.20	26.00
Sauvignon Blanc, Pasquiers, 2022 Languedoc, France Grape Type: Sauvignon Blanc, Vermentino	7.50	10.50	27.00
Chardonnay, Pierre Lacasse, 2022 Vin de France	7.90	11.20	28.00

House Wine Selection

RO S É

175ml Glass 250ml Glass 75cl Bottle

**Pinot Grigio Blush, Primi Soli,
DOC, 2022 Veneto, Italy**

7.20 10.20 26.00

**Grenache, Villa Blanche,
Calmel & Joseph, 2022
Languedoc-Roussillon, France**

8.10 11.20 29.00

RED

**Cabernet Sauvignon,
Louis Eschenauer, 2022
Languedoc- Roussillon, France
Grape Type: Cabernet Sauvignon**

7.00 10.00 25.00

**Malbec, Les Volets, 2022
Languedoc-Roussillon, France
Grape Type: Malbec**

7.20 10.20 26.00

**Merlot, Domaine De
La Baume, 2022
Languedoc-Roussillon, France
Grape Type: Merlot**

7.50 10.50 27.00

Spirits

RUM 25ML

Bacardi Superior	4.00
Captain Morgan Dark Rum	4.10
Captain Morgan Spiced Rum	4.20

THE CHANNEL ISLANDS LIQUOR CO 25ML

Indica Rum	5.90
Indica Spiced Rum	5.80

CARIBBEAN RUM 25ML

Kraken Spiced Rum	4.70
Malibu	4.00

WHISKY

Famous Grouse	4.00
John Jameson	4.10

BOURBON 25ML

Jack Daniel's	4.30
Bulleit Bourbon	5.80

CANADIAN 25ML

Canadian Club	4.00
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SHOTS 25ML

Tequila Rose	4.00
Jose Cuervo Blanco	4.50
Jägermeister	4.00
Sambuca	4.00

Spirits

GIN 25ML

Bombay Sapphire	4.10
Hendrick's	5.10
Tanqueray No. 10	5.15
Whitley Neill Pink Grapefruit	4.15
Whitley Neill Rhubarb & Ginger	4.15
Pink Gin	4.00
Non-Alcoholic Gin	3.50

HOME GROWN JERSEY GIN

SEA LIFE

Sea Life Hibiscus & Lime	4.80
Sea Life Old Tom: Orange Infused	4.80

WHEADON'S GIN

Yuzu, Lemongrass & Green Tea	4.75
Rock Samphire & Pink Grapefruit	4.75
Pink Granite	4.60

VODKA 25ML

Absolut	4.10
Belvedere	6.15
Grey Goose	5.65

LIQUEURS 25ML

Disaranno	4.00
Arches Peach Schnapps	4.00
Bailey's Irish Cream (50ml)	5.10
Chambord Raspberry Liqueur	4.00
Cointreau	4.15
Limoncello (50ml)	5.60
Tia Maria	4.50
Campari	4.80

Beer & Cider

BOTTLED BEERS

Corona 4.5% (330ml)	5.00
Peroni 5.1% (330ml)	5.10
Brewdog Punk IPA (330ml)	5.90

ALCOHOL FREE BEER

Heineken 0% (330ml)	4.25
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DRAUGHT BEERS

	1/2 Pint	Pint
Birra Moretti 4.6%	3.10	6.30

CIDERS

Thatchers Gold (500ml)	6.95
Old Mout Cider (500ml)	6.80